



Qatar National Library Organises 8th Annual MENA Innovative Users Group Conference



Qatar National Library Celebrates National Day with Exclusive Student Tour



Qatar residents gain access to eBooks and online journals through QNL and Springer agreement

Qatar National Library's Board of Trustees Holds its First Meeting



Qatar National Library's board of trustees held its first meeting at the Arab and Islamic Heritage Collection building. This came in keeping with the directives of Her Highness Sheikha Moza bint Nasser, Chairperson of Qatar Foundation for Education, Science and Community Development, to establish Qatar National Library as a member of Qatar Foundation based on Decision No. 19 of the year 2013, and to appoint a board of trustees for it.

During the meeting, the board discussed the national library's strategic and business plans, in addition to reviewing its collection development strategy, which has

been set up to meet the needs and interests of a diverse audience. Also on the agenda was an overview of the construction phases of the new library.

The QNL board is comprised of seven members led by His Excellency Sheikh Hassan bin Mohammed Al-Thani, Chairperson of the Board of Trustees and Cultural Advisor of Qatar Foundation. The board members are: Mr. Abdulla Al-Ansari, Director of Public Libraries in the Ministry of culture, Arts and Heritage, Mr. Soud Abdulaziz Al-Tamimi, Vice President - Operations at Hamad Bin Khalifa University, QF Education Division, Mrs. Ellen Tise, Senior

Director of Library and Information Services at Stellenbosch University in South Africa, a representative of Qatar Museums Authority, a representative of Katara Cultural Village, and Dr Claudia Lux, Project Director of Qatar National Library.

In attendance were Dr Abdullah Al-Sulaiti, Deputy Director for Research and Collections of the National Museum of Qatar; Dr Nadia Al-Mudahka, Director of Research and Studies in Katara; Dr Abdel Rahman Azzam, Communications Advisor of the Office of Her Highness Sheikha Moza bint Nasser; and Saadi A. Al Said, Associate Director of Administration and Planning at Qatar National Library.

“As Qatar National Library continues to grow and develop, it is a huge benefit to be able to receive guidance from a board formed of such experienced cultural and information industry leaders,” said Dr Claudia Lux, Project Director

of Qatar National Library. “QNL’s Board of Trustees with their invaluable insight and expertise, led by His Excellency Sheikh Hassan bin Mohammed Al-Thani, will have a tremendous impact on achieving the national library’s strategic

objectives and will help establish QNL as an outstanding example among global libraries with all of its excellent functions, including being a research library, university library, and a leading metropolitan public library of the digital age.”

Qatar National Library grows local profile at Annual Research Conference 2013

Vast research resources made available to Qatar’s residents

Qatar National Library (QNL) participated in Qatar Foundation’s Annual Research Conference 2013 (ARC’13), held in QNCC on 24th and 25th November 2013, in order to highlight the large range of services and information the library is currently providing to the community.

Representatives from QNL made presentations to the delegates from diverse research sectors about the library’s three core functions; the National Library, University and Research Library, and the Metropolitan Public Library, each function serving specific members of the community. QNL representatives also presented a dedicated set of cutting-edge tools and technologies that are being offered by QNL and are highly useful to both professional and student researchers.

ARC ’13 brought together renowned researchers, experts from the public and private sectors, academia and budding scientists with the aim of finding solutions to the challenges outlined in the Qatar National Research Strategy.

Dr Claudia Lux, Project Director of QNL said, “The University and Research Library function supports education and research at all levels



by providing printed and digital library materials for students and researchers. QNL currently offers free online access to Qataris and residents in Qatar to explore a vast collection of online resources including the latest best-sellers, classical works, top academic journals and documentaries.”

Dr Lux added , “Qatar National Library is more than a construction site—it is a highly active organisation that has undertaken ambitious digitizations efforts, formed major global partnerships, and provides cutting edge resources for digital discovery. We are on the move

in Qatar and around the world to share our vision and learn from our peers about how some of the most creative libraries in the world serve their communities.”

QNL’s participation in this conference, which was held under the theme “Qatar’s Cross-Cutting Research Grand Challenges”, was the latest in a spate of activities the library has undertaken on a local, regional and international level, including hosting community events in Qatar, conducting regional workshops and forging high-level international partnerships.

Qatar National Library Organises 8th Annual MENA Innovative Users Group Conference

Qatar National Library (QNL), in partnership with the Middle East and North Africa Innovative Users Group (MENA-IUG), organised the 8th annual MENA-Innovative Users Group Conference on the 18th and 19th November 2013.

MENA information and library professionals gathered to attend the two-day software technical conference at Georgetown University in Qatar, learn about emerging library technologies and trends, explore a wide range of library products and the innovative cataloguing techniques and the modality of presenting Arabic works, and discuss ways of developing the internationalisation of library software.

The two-day conference was accompanied by two days of software training workshops. Opening remarks were made by James MacDonald, MENA-IUG Steering Committee Chair, followed by a welcoming speech from Frieda Wiebe, Library Director of Georgetown University in Qatar and Rex Steiner, Associate Director for Technical Services of Qatar National Library. The Keynote Speaker of the conference was Paul Coyne, Technical Systems Director of Bloomsbury Qatar Foundation Journals, who gave a significant presentation that included glimpses into the Library and Publisher networks in the digital era.

Commenting on this significant event, Dr Claudia Lux, Project Director of Qatar National Library said, "This conference was an incredible opportunity for the MENA information and library professionals to share ideas, learn more about innovative library technologies, present and review best practice-implementations, and network with colleagues. We are glad to organise the second annual MENA-IUG conference in Qatar and we are pleased that the conference attendees have reported to us that this is one of the most practical and beneficial events they attended throughout this year."



Dr Lux added, "QNL's efforts in organising this conference was the latest in an active year for the library which has taken a local, regional, and international leadership role by hosting community events in Qatar, conducting regional workshops and forging high-level international partnerships, and we are amazed by the intensity, interest, and energy displayed by participants who travelled from different MENA countries to be part of it."

From its inception, the Innovative Users Group has been an independent organisation dedicated to serve as a forum and influence the development and improvement of Innovative Interfaces, Inc. products for the benefit of the members, gather and spread information on the use of the company's tools, and foster relationships and communication between all parties concerned.

Incoming MENA-IUG Steering Committee Chair James MacDonald, said, "The library profession is unique from many others in that its practitioners are consistently working together to deliver the best services and information to their many and varied clients. Librarianship is an ancient profession but, by design, there are no trade secrets. This annual conference was a great opportunity to develop innovative technical library services and solutions and to enhance and reinforce the capacity of library professionals in the region."

Qatar National Library Celebrates National Day with Exclusive Student Tour

Aspire Academy students enjoyed a guided tour of the Library's prized Heritage Collection



The Qatar National Library (QNL) marked Qatar National Day with a special tour of its cherished Heritage Collection for Aspire Academy students. The visit offered the youths a unique opportunity to explore Qatar's rich history.

During the tour at QNL's Heritage Collection Building, students gained first-hand insight into the rare archive, learning about the significant contributions Arab and Muslim scholars made to not only world history but to human thought as well. One item that particularly interested the students was Ptolemy's *Geographia*, printed in Rome in 1478. It is the oldest printed map

showing the name of Qatar, referred to in Latin as *Catara*. Guided by Walid Abdulwahed, QNL's Library Research officer, the students were joined by Saadi Al Said, QNL's Associate Director for Administration and Planning.

Commenting on the importance of the student tour, Saadi Al Said said, "The Qatar National Library is proud to be celebrating Qatar National Day by offering the country's youth such a special opportunity to explore Arabic and Islamic history through our Heritage Collection that is essentially a rich repository holding more than a hundreds of artefacts of immense value to not only Qatari but human history too."

Qatar National Library's Book Discussion Events Attract Readers

Qatar National Library (QNL) organized three book discussions over the period October-December 2013. These book discussions were of 'The Immortal Life of Henrietta Lacks' by the American writer Rebecca Skloot, the Arabic novel "Eighty Years awaiting Death" by the Saudi writer, Dr. Abdul-Mageed Al-Fayyadh, and

Paulo Coelho's most recent book "Manuscript found in Accra".

The organization of these book discussion events are part of the efforts to realize QNL's mission "to spread knowledge, nurture imagination, cultivate creativity, and preserve the nation's Heritage for the Future".





Qatar National Library organises an Arabic book discussion event Over the Novel 'Eighty Years Awaiting Death'

Qatar National Library (QNL) organised its third successful book discussion for Dr Abdul-Mageed Al-Fayyadh's novel 'Eighty Years awaiting Death.'

The general public, staff members from Qatar Foundation, QNL registered members and librarians in Qatar attended the gathering at Qatar Foundation's Clubhouse to discuss the novel. Those gathered were given an overview of the book and then invited to participate in a Q&A session led by Jooza Al-Marri, QNL's Head of Reference Library Services.

Abdul-Mageed Fayyadh's book is a thrilling and engaging novel that combines excitement and mystery. Ahmed, the story's protagonist seems to bring about mixed feelings and emotions for readers as he suffers from a hormone dysfunction that causes him to remain trapped in the body of a young man, where his age does not show on him. Forced to seek medical help to understand his situation, Ahmed ends up becoming a criminal under the influence of his doctor. Jooza Al-Marri started the book

discussion by reading short excerpts of the novel and then invited those present to share their thoughts and feelings about the characters and the development of the plot. All attendees participated eagerly, discussing their opinion on the many decisions the protagonist made throughout the course of the novel.

Dr Claudia Lux, Project Director of Qatar National Library said, "Qatar National Library is a vital part of the infrastructure in Qatar's knowledge economy, empowering people to unlock their potential by providing tools for lifelong learning. Her Highness Sheikha Moza bint Nasser, Chairperson of Qatar Foundation for Education, Science and Community Development, said the modern reader's role is not only to receive data, but to interact and produce knowledge. Events like this exemplify Qatar National Library's commitment to fulfilling that role for the modern library."

Jooza Al-Marri, QNL's Head of Reference Library Services commented on the event by saying: "QNL's mission is 'to spread



knowledge, nurture imagination, cultivate creativity, and preserve the nation's Heritage for the Future.' The library's monthly book discussion events support QNL's dedication to enrich the reading environment in Qatar. Following the success of the library's first book discussion events, QNL is now organising monthly book discussion events and we invite the public to follow us through social media platforms to learn more about our upcoming events, programs and activities."

Qatar National Library Organises successful Public Lecture on the “Global Outlook: Focus on Middle East and Africa”



Qatar National Library (QNL), a member of Qatar Foundation for Education, Science, and Community Development, organised a public lecture on 14th November 2013 on “Global Outlook: Focus on Middle East and Africa” delivered by the Economist Intelligence Unit’s (EIU) Director of Country Publishing Mr. Robert Ward.

The lecture took place at the Student Centre of Hamad bin Khalifa University (HBKU) and provided an insight into the economic situations and forecast for the different World regions. It also shed light on the business environments for opportunities related to growth and investments in the Middle East and Africa.

Mr. Ward currently leads the Country Analysis team at EIU, which boasts some 60 country and industry analysts. He helps shape companies responses to changing economic and political trends. With nearly 25 years of experience in the Asia region, Mr. Ward is also one of

EIU’s leading Asia experts.

The lecture was well-received by the participants who came from different backgrounds but were all interested in the global economic outlook. The lecture offered an in-depth analysis of the current and forecast global economic situation based on extensive research and it allowed a clear review of the opportunities and challenges facing the world economy ahead. The lecture also had a Q&A session between Mr. Ward and the participants.

Commenting on this event, Mr Saadi Al Said, QNL Associate Director for Administration and Planning, said: “QNL is supporting Qatar in its journey from carbon-based economy to knowledge-based economy by providing resources to students, researchers, and the community in Qatar. We are pleased to extend the scope of our services through organising such events that reinforce and facilitate the development of skills that will enable Qataris and residents to



participate in the global knowledge economy.”

Mr Al Said added: “The organisation of such events also lends support to Qatar Foundation’s Mission of ‘Unlocking Human Potential’ through the QF’s three strategic pillars of education, science and research, and community development.”

Qatar residents gain access to eBooks and online journals through Qatar National Library and Springer agreement



Springer and the Qatar National Library (QNL) signed a ground-breaking agreement for access to eBooks and electronic journals on Springer's platform **SpringerLink**. The national license entitles Qatar to use one of the largest eBook collections worldwide containing scientific, technical and medical content.

Dr. Claudia Lux, Project Director of Qatar National Library, said, "Qatar National Library's approach is truly different. We have managed to open a library digitally first, while other national libraries have been doing it the other way round. We consider that access of knowledge is very important for the business in the region and for the entire community and we are glad to expand our

service offerings by partnering with Springer to offer everyone in Qatar full access to Springer's electronic scientific content. An agreement with Springer, the leading global scientific, technical and medical publisher, will enable people to unlock their scientific potential and develop the skills that will support their participation in the global knowledge economy."

On his part, Derk Haank, CEO of Springer, said: "Springer is very happy to partner with the Qatar National Library and, through this agreement, will provide valuable information to the whole country. Our publishing portfolio provides cutting-edge research results, solid scientific foundations and professional knowledge in all

fields of science and technology. The deal will help boost Qatar's efforts in setting up its knowledge economy". He further added: "We are cooperating closely with their academic institutions and are convinced that our content will help Qatar achieve its vision of progress and growth."

The agreement offers country-wide access to Springer's electronic scientific content. Anyone who lives in Qatar and has a valid Qatari ID or residence permit is eligible to register at the library free of charge. In this way, all registered members of the library will benefit from the national license without any limitations on user classifications.

Qatar's Precious Heritage Collection



The country's Heritage Collection consists of the Arab Islamic civilization and human thought. The collection contains more than 100.000 treasured rare items of Qatar's and the region's great civilization.

On April 18, 2013, the Qatar National Library, a member of Qatar Foundation, for the first time held an 'open day' for all expatriates, locals, and tourists of Doha and across its neighbouring borders for the opportunity to explore and experience its astonishing Heritage Collection.

The reason behind the 'open day' on this particular day was to commemorate the International Day for Monuments and Sites.

In 1982, the International Council for Monuments and Sites suggested that day, and finally in 1983 the General Assembly of UNESCO officially approved it. The year



2013 is indeed special for Doha, as libraries, schools, universities, and academies from all parts of the planet will acclaim the history of education across geographies and cultures by exploring and preserving valuable cultural assets such as Qatar's Heritage Collection.

Qatar's Heritage Collection includes a rare trove of manuscripts, books, and artefacts documenting a wealth of the Arab Islamic civilization and human thought.

The treasured items were privately collected by His Excellency Sheikh Hassan bin Mohammad Al Thani during the 1980s. His desire and passion was to obtain the priceless wealth of historical sources about Qatar, including writings by travellers and explorer who visited the Gulf region.

"With ambitious efforts to digitize and share these rare materials already underway, the Qatar National Library, under the visionary leadership and inspiring direction of Her Highness Sheikha Moza bint Nasser, is doing its part to bridge Qatar's rich heritage with its future using knowledge. We are enormously grateful to His Excellency Sheikh Hassan bin Mohammed Al Thani for his generosity and passion in assembling such a significant and relevant historical record for the people of Qatar and the Gulf," says Dr Claudia Lux, Qatar National Library's Project Director.



The collection includes rare and valuable texts, and manuscripts related to the Arab Islamic civilization. Furthermore, the collection is divided into two categories, Arab and foreign. The Arab collection contains more than 75,000 works, including manuscripts and books covering a wide variety of different fields of knowledge. The foreign collection contains more than 25,000 works including books, periodicals, and maps. The maps in particular reveal the extent of fascination the European Orientalists, travellers and explorers had towards the Arab Islamic cultural heritage. The collection also contains an edition of Ptolemy's Geography, which was printed in Rome in 1478 and is the oldest printed map showing the name of Qatar, referred to in Latin as 'Catara'. In addition, the collection presents a rare volume of photographs consisting of the first detailed images of the holy city of Mecca, taken in 1888 by a Dutch scholar named Christian Suouck Hurgronje.

Even More, the Collection also includes a section of the holy Qur'an, deriving formerly from Morocco, China, Egypt, India and other nations. Each authentic design of the holy Qur'an reflects its country of origin, some containing outstanding

floral or geometric designs." Qatar's National Library Heritage Collection's foremost duty is to safeguard Qatar's and the region's Arab Islamic civilization and thought heritage. The collections is without doubt an incomparable historical record. Therefore, Qatar's National Library takes incredible care to preserve these treasured rare items. Consequently, the technical maintenance is critical, as there must be a balance to make the valued work to be not only accessible but also educational. Originating from the building, all items undergo a meticulous preservation process to enhance and preserve their life duration. First of all, this is conducted in the restoration laboratory, though some items simply require a delicate cleaning whereas others, such as rare unusual pieces, need to be placed into special boxes. Also, the pieces are carefully reviewed in terms of their age, material, ink used and so forth to determine the treatment they individually require. What is also essential in their screening and preservation process is the temperature and humidity. For instance one of the treatments could be to fumigate a book, meaning to clean every single page with a mechanical cleaning process, and at times to even clean

the pages using particular chemical solutions.

As a result, the significance of the collection is undoubtedly precious, as it documents an impressive portion of the Arab Islamic civilization, not only to Qataris and the region, but the entire world.

Qatar's National Library also offers state of the art digital resources, and indeed takes pride into Qatar's National Vision's journey towards a knowledge-based economy.

Currently, the Heritage Collection is situated within its own building, and its doors are open to the public on Sundays and Tuesdays. In 2015, the collection shall be relocated to the heart of the new Qatar National Library building designed by the legendary Dutch architect Rem Koolhaas.

Indeed, the treasured items embody the mission to bridge Qatar's past and its future with knowledge. Qatar National Library is a critical piece to finalizing the national infrastructure puzzle by empowering people to unlock their human potential, and providing the latest resources for digital technology.

Qatar National Library and U.S. Embassy teamed up to host a Webinar with the Creators of one of the Most Popular Video Games

Qatar National Library (QNL) and the U.S. Embassy in Qatar joined hands to host a webinar with the creators of 'Angry Birds' using the U.S. Department of State CO.NX network. The live, virtual discussion took place on Thursday 5th December 2013 between 2:30pm – 3:30pm and people joined virtually at Hamad bin Khalifa University's Student Centre.

The webinar took participants behind the scenes with the world's most popular video games and allowed them to virtually engage with Rovio's Peter Vesterbacka, creator of the Angry Birds franchise,

and physicist Rhett Allain, author of National Geographic's *Angry Birds Furious Forces: The Physics at Play in the World's Most Popular Game*.

Vesterbacka explained the Angry Birds phenomenon, while Allain explored physics through the Angry Birds lens. Both guests engaged from Washington D.C. in a virtual discussion with alumni of U.S. international exchanges and took questions from a live global audience.

The webinar was broadcasted live through the CO.NX, a virtual network that connects the world through virtual engagement and



provides a space for the interactive exchange of ideas, as part of what the U.S. Department of State calls 'Digital Public Diplomacy'.

Media Release - Qatar Foundation Telegraph

QNL sessions promote database access

Training course opens gateway to online academic and research journals

Qatar National Library (QNL) provided training sessions on accessing its online databases on 20 November, 2013.

The sessions were conducted by Ged Welford, Library Sales Manager of Oxford University Press, which provided three extensive online databases to QNL.

During the training, Welford showed participants how to use the Oxford Journals database, which covers academic and research journals in various fields, as well as Oxford Bibliographies Online in Islamic Studies, and the Oxford Reference Library, which both cover subjects relevant to the field of Islamic studies.

Focus was centred on the reading lists of 153 topics that were selected by Oxford University Islamic Studies scholars from around the world. QNL's online databases are open to all residents of Qatar, once they have registered as a member of the library.

One of the attendees at the session, Thufail Iqbal, said: "I wanted to get more information about how to use the online resources".

"I already knew a little about this, but I wanted to find out more and how to enhance my browsing abilities. I have learnt a lot of things which I can use for work and for personal use."

Mohammad Al-Marri, Senior HR Coordinator at QNL, said: "I came here in my personal capacity as well as my professional one, because I would like to know more and to have access to more information about the online services. It's a very good service to have here in Qatar." He also added "I have found that it's very easy and anyone can use it".

Christine Afinidad, Information Service Librarian at QNL, said: "We organized this session to make people aware that we have a lot of online resources and show them how to use them. We want to boost the usage of these resources."

Qatar Foundation, the Qatar National Library and the British Library Digitization Project gets highlighted by the BBC Arabic and the Digital Journal

The Digital Journal, a global digital media network based in Canada, published an article on December 14th, 2013, titled "British Library uploads 1 million images for remix and reuse". The article mentions that "the one million images come from 65,000 books ... dating from the 17th-19th century ... and cover a startling mix of subjects: there are maps, geological diagrams, beautiful illustrations, comical satire, illuminated and decorative letters, colourful illustrations, landscapes, and wall-paintings".

The article also highlights the digitization work being carried out by the British Library of hundreds of thousands of documents relating to the Gulf region as part of the QF/ QNL –British Library partnership. It states "The British Library is also working in partnership with the Qatar Foundation and the Qatar National Library to digitize half a million pages of archival and manuscript material relating to the Gulf, creating an online portal that will be available to a diverse range of audiences around the world".

The article also provides a link to a very favourable report by the BBC Arabic on this project. The link to the article and the video is:

<http://www.digitaljournal.com/print/article/363971#ixzz2qMEyMCov>



Media release - Maktabi

Qatar National Library now offers access to the 'Literature Resource Center' online database

This is a comprehensive online literature database that contains full-text scholarly articles, critical essays, book reviews, overviews on books and literacy topics, in-depth biographical essays, audio interviews and reviews, and links to vetted literary websites. Researchers at all levels will find the information they need, with content covering all genres, disciplines, and time periods.

Only Qatar National Library's registered members can access the freely offered online databases.

If you don't have an account yet, please register to receive your bar-code and PIN at: <https://library.qnl.qa/selfreg>

A list of diversified online resources is currently available and can be viewed through: <http://bit.ly/10l0CN0>

French Ambassador to Qatar visits QNL's Heritage Collection



The French Ambassador to the State of Qatar His Excellency Mr. Jean-Christophe Peaucelle visited the QNL's Heritage Collection Building on Thursday, December 2nd, 2013. During this visit, in which he was accompanied by Dr Claudia Lux, QNL Project Director, and Dr Joachim Gierlichs, QNL's Associate Director for Special Collections and Archives, His Excellency toured the

different sections of the Heritage Collection and was introduced to the rare and valuable collection which demonstrates the huge contribution made by Arab and Muslim scholars to the world history of human thought. The visit comes as part of the French Embassy's efforts to promote cultural relations with the State of Qatar.



QNL Team Visits QNL the Library's Construction Site

A site visit to QNL construction site and the mockup building was organized on Thursday, 12th December 2013, for the QNL new joiners, Heads of sections, and Senior Management team. The visit aimed at updating the staff on the construction stage the building has reached and to give them a clear picture of how the library will look like. The visiting staff were first shown a mockup of the library building by Engineer Maha Al-Khalifa. Then, they proceeded, accompanied by Engineer Maha Al-Khalifa and Engineer Ahmed Al-Naggar, QNL's



Facilities Coordinator, to visit the QNL construction site and came

to see first-hand the stage the construction process has reached.

Mohamed Al Marri

Tell us a bit about your self.

My name is Mohamed Al-Marri and I am proud to be a member of the Qatar National Library's amazing project team. I am the Senior HR Coordinator at QNL. My experience and expertise is in the field of Human Resources Management and my role is to support in achieving the QNL's aim of becoming a high performing manpower & talent organization. This will create a reputation for its workforce stability and establish QNL as an organization that recruits and keeps the best talents in the libraries industry.

What do you do as a Senior HR Coordinator?

I play a key role in preparing a comprehensive HR strategy consistent with the long term vision and mission of QF and QNL. One of my responsibilities is to advise and make recommendations to the top management team about the development of QNL's staffing strategies, evaluate and formulate policies relating to the organization's personnel, and supervise every aspect of employee relations at the Library. Other major tasks include sourcing, recruitment, selection, planning, reporting, and leading all HR operations.

Describe your experience working in the library sector?

I find it interesting and challenging to work in a new environment of professionals and a new way to source specialized talents to fit the library requirements and needs.



My experience working in the library has been both enriching and rewarding.

What's the most important thing you've learned through working in the Library's recruitment field?

Working in the library has taught me new skills and improved my experiences while dealing with professionals in this field. It has helped me gain practical work experience related to key positions and HR related issues in the field of libraries; a new type of organization in my career experience.

What inspires you and why?

The QNL project inspires me. The QNL contributes in a major way to

achieving the Qatar's vision 2030 by enabling the people in Qatar to unlock their potential and develop the skills that will support their participation in the local and global knowledge economy. Therefore, I am proud to be part of one of the nation's driving forces of development and prosperity.

What is your favourite book?

My favourite book is Stephen R. Covey's *The Seven Habits of Highly Effective People*, first published in 1989. Though I read this book in 2003, it still inspires me. The book is about personal change and it has helped me realize and achieve some of my personal goals.